



# Lunch Menu-June 2026



	Category	Monday	Tuesday	Wednesday	Thursday	Friday
week 1 01st-05th	Meal A	Roasted Herb Chicken with Rice 	Sauteed Thai Minced Pork with Rice 	Steamed Fish Lemon Coriander with Rice 	Turnip Beef Marmite with Rice 	Char Siu Pork with Rice 
	Veggie/ Starch	Stir-fried Green Beans 	Chinese Cauliflower 	Indian Lettuce	Steamed Garlic Broccoli	Baby Choy Sum 
week 2 8-12th	Meal A	Hainan Chicken with Rice 	Mushroom & Pork with Rice 	Coconut "Curry" Fish with Rice 	Beef Bolognese with Pasta 	Yeung Chow Fried Rice 
	Veggie/ Starch	Baby Bok Choy 	Vegetable Medley 	Buttered Corn 	Stir Fry Green Beans 	Indian Lettuce
week 3 15-19th	Meal A	Roasted Paprika Chicken with Rice 	Caramelised Apple & Pork with Rice 	Mediterranean Tuna with Pasta 	BBQ Chicken with Rice 	Public Holiday
	Veggie/ Starch	Steamed Garlic Broccoli	Carrot Vichy 	Roasted Cauliflower	Vegetables Fried Rice 	Public Holiday
week 4 22-26th	Meal A	Sauteed Garlic Butter Chicken with Rice 	Roasted Pineapple & Tomato Pork with Rice 	Baked Fish Basil & Lemon Sauce with Rice 	Hainan Chicken with Rice	Beef Lasagna 
	Veggie/ Starch	Baby Bok Choy	Roasted Vegetable Medley	Stir-fried Green Beans 	Steamed Broccoli	KTTL Corn Salad
Week 1-4	Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit



## AISL Food Project



Please kindly note that items on this menu may change or be unavailable at certain times.

(V) Suitable for lacto-ovo vegetarians



# Lunch Menu June 2026 (Specific Dietary Requirements)



	Category	Monday	Tuesday	Wednesday	Thursday	Friday
week 1 01st-05th	Meal A	Roasted Herb Chicken with Rice 	Minced Bell Pepper Pork with Rice   	Sauteed Corn Chicken with Rice 	Pork & Onion with Rice 	Soy Sauce Chicken with Rice   
	Veggie/Starch	Green Beans	Chinese Cauliflower	Indian Lettuce	Steamed Garlic Broccoli	Baby Choy Sum
week 2 08-12th	Meal A	Hainan Chicken with Rice 	Sauteed Veggie & Pork with Rice 	Stir-fried Pork with Rice 	Sauteed Chicken with Rice 	Pork & Eggplant Rice 
	Veggie/Starch	Baby Bok Choy	Vegetable Medley	Grilled Corn	Stir-fried Green Beans	Indian Lettuce
week 3 15-19th	Meal A	Paprika Chicken with Rice 	Sauteed Pork & Corn with Rice 	Stir-fried Chicken & Bell Pepper with Rice 	Coriander Pork with Rice   	<b>Public Holiday</b>
	Veggie/Starch	Steamed Garlic Broccoli	Roasted Carrot	Roasted Cauliflower	Vegetables Fried Rice  	<b>Public Holiday</b>
week 4 22-26th	Meal A	Garlic Chicken with Rice 	Roasted Pork with Rice 	Stir-fried Chicken with Rice 	Sauteed Pork with Rice 	Roasted Chicken with Rice
	Veggie/Starch	Baby Bok Choy	Vegetable Medley	Green Beans	Steamed Broccoli	KTTL Corn Salad
Week 1-4	Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit



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