

# Lunch Menu-February 2026

	Category	Monday	Tuesday	Wednesday	Thursday	Friday
week 1 02nd-06th	<b>Meal A</b>	BBQ Pork with Rice 	Hainan Chicken with Rice 	Tomato & Basil Fish with Rice 	Braised Pork with Brown Sauce & Rice 	Beef Lasagna 
	<b>Veggie/ Starch</b>	Baby Choy Sum 	Roasted Carrot	Stir-fried Green Beans 	Sweet Corn	Garlic Broccoli
week 2 09-13th	<b>Meal A</b>	Chicken & Mushroom with Rice 	Char Siu Pork with Rice 	Thai Minced Beef with Rice 	Sweet & Sour Pineapple Chicken 	<b>Staff Training Day</b>
	<b>Veggie/ Starch</b>	Chinese Cauliflower 	Baby Bok Choy 	Vegetable Medley 	Stir-fried Green Beans & Vegetarian Spring Roll 	<b>Staff Training Day</b>
week 3 16-20th	<b>Meal A</b>	School Holiday	School Holiday	School Holiday	School Holiday	School Holiday
	<b>Veggie/ Starch</b>	School Holiday	School Holiday	School Holiday	School Holiday	School Holiday
week 4 23-27th	<b>Meal A</b>	Pineapple & Tomato Pork with Rice 	BBQ Chicken with Rice 	Roasted Herbs Fish with Rice 	Mushroom & Pork with Rice 	Beef Bolognese with Pasta 
	<b>Veggie/ Starch</b>	Vichy Carrot 	Baby Choy Sum 	Garlic Broccoli	Corn	Stir-fried Green Beans 
Week 1-4	<b>Fruit</b>	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit

Please kindly note that items on this menu may change or be unavailable at certain times.

(V)

Suitable for lacto-ovo vegetarians



**AISL Food Project**



# Lunch Menu

## Specific Dietary Requirements

### February 2026

	Category	Monday	Tuesday	Wednesday	Thursday	Friday
week 1 05-09th	<b>Meal A</b>	Bell Pepper Pork Chop 	Hainan Chicken with Rice 	Sauteed Carrot & Pork with Rice 	Roasted Chicken with Rice 	Grilled Pork & Onion with Rice 
	<b>Veggie/ Starch</b>	Baby Choy Sum 	Roasted Carrot	Stir-fried Green Beans 	Sweet Corn	Garlic Broccoli 
week 2 12-16th	<b>Meal A</b>	Grilled Chicken with Rice 	Pan-fried Pork Chop with Rice 	Sauteed Chicken with Rice 	Sweet & Sour Pineapple Chicken  	<b>Staff Training Day</b>
	<b>Veggie/ Starch</b>	Chinese Cauliflower 	Baby Bok Choy 	Vegetable Medley 	Stir-fried Green Beans & Vegetarian Spring Roll  	<b>Staff Training Day</b>
week 3 19-23th	<b>Meal A</b>	<b>School Holiday</b>	<b>School Holiday</b>	<b>School Holiday</b>	<b>School Holiday</b>	<b>School Holiday</b>
	<b>Veggie/ Starch</b>	<b>School Holiday</b>	<b>School Holiday</b>	<b>School Holiday</b>	<b>School Holiday</b>	<b>School Holiday</b>
week 4 26-30th	<b>Meal A</b>	Pork & Cabbage with Rice 	Roasted Chicken with Rice 	Roasted Pork & Onion with Rice 	Sauteed Chicken & Bell Pepper with Rice 	Stir-fried Pork with Rice 
	<b>Veggie/ Starch</b>	Carrot	Baby Choy Sum 	Garlic Broccoli	Corn	Stir-fried Green Beans 
Week 1-4	<b>Fruit</b>	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit	Cut Fruit

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