

Lunch Menu 20-24 Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal A	Mexican Diced Pork with Rice   	Hainan Chicken with Rice   	Tomato & Basil Fish with Rice   	Beef & Carrot with Rice   	Halloween Pasta (Chicken Sausage)   
Veggie / Starch	Indian Lettuce  	Stir fried Green beans  	Broccoli & Cauliflower Gratin 	Buttered Corn 	Vichy Carrot 
Fruit	Cut Fruits	Cut Fruits	Cut Fruits	Cut Fruits	Cut Fruits



Beef Pork Chicken Fish Crustacean Shellfish Wheat



Egg Dairy Celery Soybeans Mustard Sesame Seeds

Please kindly note that items on this menu may change or be unavailable at certain times.

(V) Suitable for lacto-ovo vegetarians



Lunch Menu

Specific Dietary Requirements

20-24 Oct



	Monday	Tuesday	Wednesday	Thursday	Friday
Meal A	Pork with Onion Sauce & Rice 	Sauteed Chicken & Vegetables with Rice 	Pork Casserole with Rice 	Chicken & Carrot with Rice 	Grilled Pork Chop with Pumpkin Sauce & Rice 
Veggie / Starch	Garlic Indian Lettuce 	Green beans 	Broccoli & Cauliflower 	Sweet Corn	Carrot
Fruit	Cut Fruits	Cut Fruits	Cut Fruits	Cut Fruits	Cut Fruits



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