HARROW INTERNATIONAL SCHOOL HONG KONG

Supper Menu
16 - 20 November 2026

epicure Catering

Category	Monday	Tuesday	Wednesday	Thursday	Friday
Salad & Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar	
Meal A	Orange Pork Chop with Roast Potatoes	Italian Chicken Breast Stuffed with Parmesan with Mashed Potato	French Apple Pork Meatballs with Sicilian Sauce with Mashed Potato	Sweet & Sour Chicken with Pineapple with Steamed Rice (AISL)	
Meal B	Braised Yi Noodles with Straw Mushrooms	Mixed Mushrooms with Honey Peas with Steamed Rice	Tofu Steak with Double Mushrooms & Choi Sum with Steamed Rice	Italian Arancini	
Chef's Choice	Japanese Fried Shrimp Udon	Tom Yum Beef Boat Noodles	Roast Duck Soup Lai Fun	Japanese Teriyaki Chicken Ramen	
Veggie/Starch	Broccoli with Garlic	Baby Cabbage in Fermented Bean Sauce	Pumpkin Mash	Stir-Fried Choy Sum with Garlic	
Special			Japanese Roast Ribeye		
Soup	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	

AISL Food Project

(Sustainable) (Vegetarian) (Spicy)

Beef Pork Chicken Crustaceans Fish Eggs Dairy Soy Gluten Mustard Oat TreeNuts Sesame Lupin Celery

Please kindly note that items on this menu may change or be unavailable at certain times.

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