

Lunch Menu

21 - 25 September 2026

Category	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cheese Twist Bun 	Teriyaki Chicken with Pickle Onion Ciabatte 	Vanilla Soft Cake 	Chicken Nugget 	Churro 
Salad & Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar
Meal A	Grilled Chicken with Lemon Mustard Seed Sauce 	Korean-Japanese Style Kimchi Beef with Rice 	Italian Braised Chicken in Tomato Sauce 	Italian Pork Loin with Mushroom Cream Sauce 	Salted Egg Yolk Fried Chicken with French Fries 
Meal B	Stir-Fried Sliced Pork with Snow Peas 	Butter Chicken 	Thai-Style Grilled Pork Jowl 	Garlic Shrimp Pasta 	Korean-Style Beef Shank Rice 
Chef's Choice	Indian Vegetable Korma (V) 	Garlic Linguine (V) 	Braised Tofu (V) 	Stir-Fried Eggs with Tomato (V) 	Creamy Spinach & Cheese Pizza (V) 
Veggie/Starch	Stir-Fried Choy Sum with Garlic 	Stir-Fried Gai Lan with Ginger Sauce 	Napa Cabbage in Superior Broth 	Stir-Fried Broccoli with Garlic 	Butter Corn 
Special					Osmanthus Chiffon Cake 
Soup	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Creamy Pumpkin Soup 



AISL Food Project



(Sustainable)



(Spicy)



(V) Suitable for lacto-ovo vegetarians

Please kindly note that items on this menu may change or be unavailable at certain times.