

Lunch Menu

11 May - 15 May 2026

Category	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Spring Roll 	Blueberry Muffin 	Chicken Nuggets 	Apricot Danish 	Oatmeal & Raisin Cookie 
Salad & Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar
Meal A	Kung Pao Chicken 	Stir-fried Pork Chop in Shallot Sauce with Rice 	Butter Chicken with Rice 	Beef Stew with Rice 	Beef Cheeseburger 
Meal B	Baked Cauliflower & Broccoli with Mashed Potato (V) 	Vegetable Munchurian with Rice (V) 	Vegetarian Lasagna (V) 	Vegan mee goreng (V) 	Falafel Burger (V) 
Chef's Choice	Seafood Paella 	Baked Ziti 	Mediterranean Baked Fish with Potato 	Yeung Chow Fried Rice 	Sweet & Sour Chicken with Pineapple and Rice 
Veggie/Starch	Roasted Pumpkin	Fried Vegetable Medley 	Broccoli 	Wok-fried Choy Sum 	Vichy Carrot 
Soup	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day



AISL Food Project



(V) Suitable for lacto-ovo vegetarians

Please kindly note that items on this menu may change or be unavailable at certain times.