

Lunch Menu 08-12 Dec



Category	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	School Holidays	Blueberry Muffin	Sausage Bun	Mushroom and Beef Pie	Pepperoni Pizza
		CHY Figs Southeam Wheat	Chicken Southern Wheel	Beef Sophuru Wheat	Pork CHY Southern Wheat
Salad & Fruit Bar	School Holidays	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar
Meal A	School Holidays	Baked Ziti	BBQ Chicken with Rice	Yeung Chow Fried Rice	Beef and Cheese Taco with Fries
		Berl Dary Sophians Wheat	Chicken Sopheans Wheat	Perk Shellah Egg Suybeans Wheat	Berl City Sophian Wheel
Meal B	School Holidays	Sliver Needle Noodle with Assorted Pepper and Pea (V)	Vegan mee goreng (V)	Thai Red Curry Tofu with Rice (V)	Mac & Cheese (V)
		Scophann Wheat	699 Sophean Whate	Sophiam Wheet	Dary Sophers Wheet
Chef's Choice	School Holidays	Teriyaki Pork with Rice	Pad Kra Pao with Rice	Grilled Chicken and Cheese Sausage in Black Pepper Sauce with Pasta	Mapo Tofu with Rice
		Fork Sorbeans Wheat	Pork Southeam Wheat	Chicken Gury Sophuans Wheat	Pork Sophern Wheat
Veggie/Starch	School Holidays	Roasted Pumpkin	Fried Vegetable Medley	Broccoli Gratin	Vichy Carrot
		Gay.	Sophuru Whest	CHY Sophura Wheet	Cary
Soup	School Holidays	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Please kindly note that items on this menu may change or be unavailable at certain time					













Shellfish

















Seeds

Suitable for lacto-ovo vegetarians