

Lunch Menu 29-30 Sep & 02-03 Oct



	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Honey & Lemon Cake Lack Cake Soybeans Wheat	Samosa Soybeans Wheat	Public Hoilday	Fried Potato Cubes Soybeans Wheat	Turkey and Cheese Sandwich Chicken Dairy Egg Soybeans Wheat
Salad & Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar	Public Hoilday	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar
Meal A	Butter Chicken with Rice With Rice Chicken Dairy Egg Soybeans Wheat	Braised Beef with Turnip with Rice Soybeans Braised Beef with Rice	Public Hoilday	Stewed Beef in Tomato sauce with Mashed Potato Dairy Soybeans Wheat	Fish and Chips Fish Dairy Figh Soybeans Wheat
Meal B	Fish Fillet in Pumpkin Sauce with Penne Pasta Fish Figure Soybeans	Scramble Egg and Shrimp with Rice Crustacean Shellfish Crustacean Shellfish	Public Hoilday	Stir-fry Pork & Thai Basil "Pad Kra Pao" with Rice	Stir-Fried Shredded Chicken in Shallot sauce with Rice Chicken Soybeans Wheat
Chef's Choice	Steamed Shiitake, Vermiceli and Egg with Rice (V) Egg Soybeans	Thai Style Fried Assorted Vegetable with Rice (V)	Public Hoilday	Vegetable Fried Rice (V) Soybeans Wheat	Mushroom and Cream Sauce with Pasta (V)
Veggie / Starch	Steamed Luffa with Garlic	Sauteed Broccoli Soybeans Wheat	Public Hoilday	Dry-Fried Green Beans Soybeans Wheat	Butter Sweet Corn
Soup	Soup of the Day	Soup of the Day	Public Hoilday	Soup of the Day	Soup of the Day

































